

Sample Report, Real Data

Participation:

- **86%** of employees are currently enrolled
- **96%** participant retention from 2012 to 2013
- **86%** of eligible participants (a score <100) returned for ≥ 2 retests

Satisfaction:

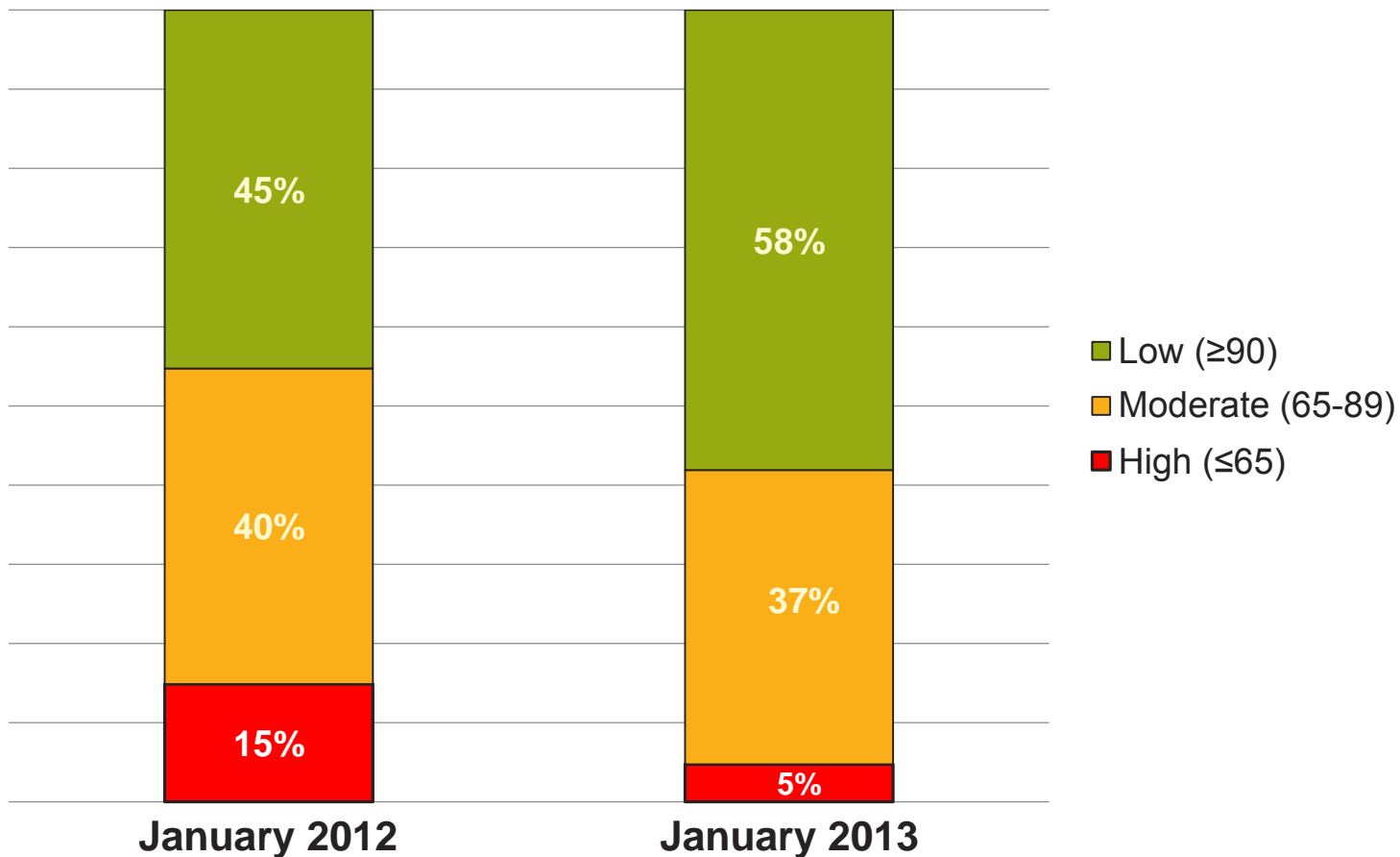
- **97%** of participants are highly satisfied with the program
- **98%** of participants are very satisfied with the service provided by their PUSH Wellness representatives
- **90%** of participants feel that the program is very important to making them feel valued as employees

Delivering compensation:

- **\$77,689** paid to COMPANY employees (76% of total available incentive)

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Change in Clinical Risk



Weight loss: • **54%** of overweight/obese participants lost weight

Blood pressure: • **87%** of hypertensives improved blood pressure

Cholesterol: • **41%** of participants with high cholesterol improved

Fitness: • **57%** of unfit participants improved their fitness

Smoking: • **28%** of smokers successfully quit