

CLIENT TESTIMONIALS

*“We are thrilled with the ease of implementation and the amazing results. I have talked to many employees who are making amazing changes, and at least one who said that PUSH has literally changed the course of her life. We have also seen quite an improvement in our claims history even though our benefit structure has remained stable. **I wholeheartedly recommend PUSH Wellness.**”*

- Director of Human Resources, Community Health Center Network

*“We have had the pleasure of working with PUSH Wellness since August and **we're quite pleased with the promising early results.** Employees are excited about the program and have already made meaningful improvements to their health.”*

- CEO, Non-Profit Organization

PARTICIPANT TESTIMONIALS

*“I feel like **PUSH makes me strive for bettering myself each month.** So many times I have made promises to myself but I don’t do anything to improve my health. But now I want to show some improvement every month. I even went to my doctor and let her know that my blood pressure meds were not working because my BP was higher than usual during the last two PUSH visits. My doctor increased my medication and my blood pressure has been under control ever since. **THANKS, PUSH!**”*

*“I had already started to work on doing healthy things, but this program really kicked it up a notch. I know that **a lot of staff are working towards a better lifestyle.**”*

*“I think it is a great program. As a dietitian, I feel it is a great incentive for our employees to start caring about their health and fitness. **I think more companies should do this!**”*

*“**I think the program is great.** We are being paid to become and stay healthy, so it’s a win-win situation... and the extra money definitely helps!”*